# Sri Sri Aniruddhadeva Sports University, Chabua, Dibrugarh

(A State University of Assam)
Recognized by the UGC under 2(f) categories

No. SASU/CHB/CoE/Exam. Programme Major 1st Sem.-PGDYE/2026/211 Date: 09.11.2026

**EXAMINATION PROGRAMME**

**Major (End Semester) Examination (THEORY and PRACTICAL) for**
**1st Semester PG Diploma in Yoga Education**
**Academic Session: 2026-2027**
**December 2026**

**I. PRACTICAL**

| Sl. No. | Course | Course Type | Course Code | Course Credit | Date, Day and Time |
|---|---|---|---|---|---|
| 1 | Yoga Practical | Major 5 | YSNPD05 | 4 | 09/12/2026 (Wednesday) *8:30 AM-1:30 PM 2:30 PM-4:30 PM* |
| 2 | Teaching Practices | Major 6 | YSNPD06 | 4 | |

**II. THEORY**

| Sl. No. | Course | Course Type | Course Code | Course Credit | Date, Day and Time Time: 10:00 A.M.- 12:00 Noon |
|---|---|---|---|---|---|
| 1 | Foundation of Yoga | Major 1 | YSNPD01 | 3 | 15/12/2026 (Tuesday) |
| 2 | Patanjali Yoga Sutra | Major 2 | YSNPD02 | 3 | 17/12/2026 (Thursday) |
| 3 | Applied Anatomy and Physiology | Major 3 | YSNPD03 | 3 | 19/12/2026 (Saturday) |
| 4 | Principles and Practices of Hatha Yoga | Major 4 | YSNPD04 | 3 | 22/12/2026 (Tuesday) |

Arinjit Hazarika
Controller of Examinations
Sri Sri Aniruddhadeva Sports University

Copy to:

1. The Hon'ble Vice Chancellor, SASU, for favour of kind information.
2. The Registrar, SASU, for kind information.
3. The HoD/HoD i/cs of all the Departments, SASU, for kind information.
4. All the Faculty members, SASU, for kind information.
5. Mr. Priyangshu Baruah, Guest Faculty, SASU, for hosting the Examination Programme on the SASU website.
6. Office File.

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