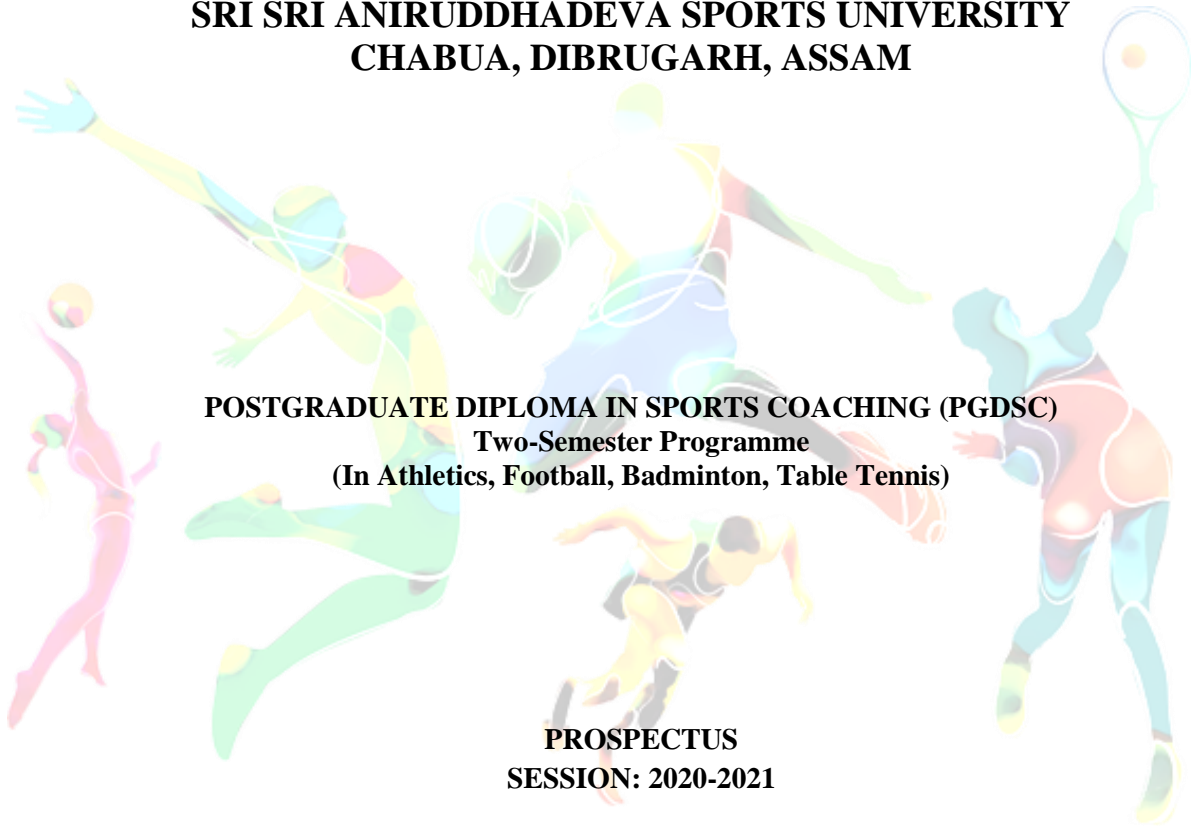


**Date Extended for online application
for admission in
Postgraduation Diploma in Sports Coaching (PGDSC)
For details kindly refer the instructions
Last date: 23rd December 2020**

**SRI SRI ANIRUDDHADEVA SPORTS UNIVERSITY
CHABUA, DIBRUGARH, ASSAM**

**POSTGRADUATE DIPLOMA IN SPORTS COACHING (PGDSC)
Two-Semester Programme
(In Athletics, Football, Badminton, Table Tennis)**

**PROSPECTUS
SESSION: 2020-2021**



POST GRADUATE DIPLOMA IN SPORTS COACHING

Two-Semester Programme

OVERVIEW

The Post Graduate Diploma in Sports Coaching (PGDSC) Program is designed to prepare coaches and trainers in different sports disciplines. The course will provide a clear understanding of the scientific techniques, strategies, and specific knowledge in the chosen disciplines to the students. This program aims at providing opportunity to the students to enhance and develop their quality in professional practice and prepare them for high performance coaching at par with world coaches. The curriculum has so designed so as to prepare the high-quality sport coaches and physical fitness trainers in various games/sports with micro specializations, in order to cater to the ever-increasing demand of our Indian society and to uplift the Indian sport standards.

CAREER OUTCOME

After completing the programme, the candidates can aspire to become Trainers/Coaches in Schools, Colleges, Sports Academies and Centre of Excellence in Government / Private Sectors. They can be hired for analyzing the high-end athlete's performance and give them feedback due to induction of the sports analytics in the curriculum.

PROGRAMME DISCIPLINE

The Post Graduate Diploma in Sports Coaching shall be offered in different games subject to availability of the infrastructure and resources. However, this year university proposes to offer the course in four Games/Sports; Athletics, Football, Badminton and Table Tennis subject to administrative feasibility.

NOTE: The PGDSC programme will be offered in each of the four sports (Athletics, Football, Badminton and Table Tennis) subject to minimum of five candidates in each sport.

ELIGIBILITY CRITERIA

Following are the eligibility criteria for the PGDSC Programme:

- A graduate degree from a recognized university, with at least 50% marks (45% in case of SC/ST candidates) with Inter-University/ National-level participation in the concerned Games/Sports recognized by the National Federations.

OR

- A graduate degree from a recognized university with participation in International competition or secured 1st, 2nd & 3rd position in National / Inter-University competition in sports and games as approved and funded by respective AIU/IOA/MYAS.

- Direct admission to International competition position holders in Games/Sports that are recognized by the International Federations with at least 45% marks in graduation from a recognized university.

Remark: This course is not meant for any category of physically challenged candidates as candidates are required to perform various sports and physical activities during the course.

AGE CRITERIA:

The maximum age of the candidate shall be 35 years as on 01/01/2021 for the course.

NUMBER OF SEATS: 15 (In each Games/Sports)

RESERVATION POLICY: As per the Government Guidelines.

ADMISSION SCHEDULE:

| | Extended Dates |
|---|---|
| Starting of Online Application | 10 th November, 2020 (10.00 A.M. Onwards) |
| Last Date of Receipt of Online Application | 23 rd December, 2020 (Till 12.00 Midnight) |
| Merit List of Selected Candidates | 25 th December, 2020 |
| Online Fee Deposition of Selected Candidates on merit | 26 th December,2020 to 30 th December, 2020 (Till 12.00 Midnight) |
| Notification of Waiting List for admission | 31 st December, 2020 |
| Online Fee Deposition of Waiting List Candidates | 31 st December,2020 to 5 th January, 2021 (Till 12.00 Midnight) |
| Final Selected List | 7 th January, 2021 |
| Date of Reporting | 18 th January, 2021 (Before 3.00 P.M.) |
| Medical Test | 21 st January 2021 to 22 nd January, 2021 |

Note:

- Candidates must be in possession of all the original certificates/credentials for verification at the time of reporting.
- Selection of candidates by merit will be provisional and will be confirmed subject to verification of original documents & fitness in medical test.

VENUE OF REPORTING: Centre of Physical Education, Dibrugarh University Campus.

MODES OF TRAVEL:

- Flight connectivity: Guwahati to Dibrugarh.
- Trains and Bus available from Guwahati to Dibrugarh.
- Distance from Dibrugarh Airport to Dibrugarh University: 18 Km (approx.).
- Distance from Dibrugarh Railway Station to Dibrugarh University: 5 Km (approx.).

CLOTHING AND OTHER REQUIRMENTS:

Due to extreme weather conditions, the temperature ranges between 26°C to 40°C in Summers and 7°C and 12°C in winters. Hence, the students are advised to bring appropriate bedding and clothing.

PERSONAL SPORTS EQUIPMENTS:

All the students have to procure personal equipment as specified for different games/sports on their own.



PGDSC CURRICULUM STRUCTURE (2020-2021)

Semester-I

Part-A Theory Subjects

| Subject Code | Theory Subjects | | Maximum Marks | Pass Marks | Total Marks | Credits |
|--------------|-------------------------------------|-----------|---------------|------------|-------------|---------|
| | Specialized Sports Theory I | Final | 50 | 18 | 125 | 3 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Sports Training I | Final | 50 | 18 | 125 | 3 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Anatomy and Physiology of Exercise | Final | 50 | 18 | 125 | 2 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Kinesiology and Sports Biomechanics | Final | 50 | 18 | 125 | 2 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Sports Analytics I | Final | 50 | 18 | 100 | 2 |
| | | Sessional | 50 | 18 | | |
| Total | | | | | 600 | 12 |

Part-B Skill Proficiency

| Sports Code | | Formative Assessment | Summative Assessment | Total Marks | Pass Marks | Credits |
|-------------|------------------------------------|----------------------|----------------------|-------------|------------|---------|
| | Skills/Performance/Playing ability | 100 | 100 | 250 | 125 | 3 |
| | Sessional | 50 | | | | |

Part-C Teaching and Coaching Ability

| Sports Code | | Formative Assessment | Summative Assessment | Total Marks | Pass Marks | Credits |
|-------------|-----------------|----------------------|----------------------|-------------|------------|---------|
| | Teaching Lesson | 50 | 50 | 200 | 100 | 3 |
| | Coaching Lesson | 50 | 50 | | | |

Semester-II

Part-A Theory Subjects

| Subject Code | Theory Subjects | | Maximum Marks | Pass Marks | Total Marks | Credits |
|--------------|------------------------------|--------------------------|---------------|------------|-------------|---------|
| | Specialized Sports Theory II | Final | 50 | 18 | 125 | 3 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Sports Training II | Final | 50 | 18 | 125 | 3 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Sports Psychology | Final | 50 | 18 | 125 | 2 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Sports Nutrition | Final | 50 | 18 | 125 | 2 |
| | | Sessional | 50 | 18 | | |
| | | Practical | 25 | 9 | | |
| | Sports Analytics II | Practical (Project work) | 100 | 36 | 100 | 2 |
| Total | | | | | 600 | 12 |

Part-B Skill Proficiency

| Sports Code | | Formative Assessment | Summative Assessment | Total Marks | Pass Marks | Credits |
|-------------|------------------------------------|----------------------|----------------------|-------------|------------|---------|
| | Skills/Performance/Playing ability | 100 | 100 | 250 | 125 | 3 |
| | Sessional | 50 | | | | |

Part-C Coaching Ability

| Sports Code | | Formative Assessment | Summative Assessment | Total Marks | Pass Marks | Credits |
|-------------|-----------------|----------------------|----------------------|-------------|------------|---------|
| | Coaching Lesson | 100 | 100 | 200 | 100 | 3 |

Part-D Internship

- An internship should be taken by the student themselves at the end of the second Semester (minimum 30 days) in any Organization, Institute or Academy. However, no objection certificate will be given by the Department.
- In Case of a student not completing the internship, their results will be withheld till they complete the internship programme.
- The internship will be graded by the competent authority of the concerned organization on a prescribed format provided by the department.
- The marks obtained by the students will be mentioned in grades after normalization.

