

# **SRI SRI ANIRUDDHADEVA SPORTS UNIVERSITY CHABUA, DIBRUGARH**



## **Bachelor of Physical Education (Hons. / Hons. With Research)**

(A 4-year Undergraduate Program with Multiple Exit Options  
Under NEP 2020 following UGC Framework for UG Program 2022)

**Prospectus 2023-2024**

**Sri Sri Aniruddhadeva Sports University**

(A State University of Govt. of Assam, recognized by the UGC under its 2(f) category)

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## VICE CHANCELLOR'S MESSAGE

**SASU** is one of new breed of global universities

– Flexible lively and innovative



**Prof. J. P. Verma**  
Vice Chancellor

Welcome to Sri Sri Aniruddhadeva Sports University! As you step in for your higher education career you will realize that our entire university is here to support your academic, social and personal growth.

Our different schools provide leadership opportunities, society based educational program, and academic and sports activities that are consistent with the university's vision statement. We nurture students to become great leaders in sports, physical education and allied disciplines globally.

Our goal is to create a conducive environment for the students to exhibit a passion for learning, building of character, ethical leadership and involvement in our local and global communities.

During your studentship, you will realize that everyone in the department is here to know you as an individual, provide support system for your growth, and promote learning through interactions. We desire to create that entire environment which can help you achieve your life goals and complete your graduation by providing out of class experience that are required for academic achievements.

I am personally excited to welcome you and to support your success as a student and as a member of the campus community at Sri Sri Aniruddhadeva Sports University.

## Why Should You Join SASU?

SASU is a vibrant university full of enthusiastic faculty eager to shape the career of new incumbents in different programs through a learner-centric approach using the philosophy of the new education policy of Govt. of India. SASU is the only Sports University in the state established by the Government of Assam by the act of the legislative assembly. It operates in the most natural environmental setting.

- ✚ Innovative approach.
- ✚ Top - ranking Professors of India interact with the students in different programs.
- ✚ Opportunity to be exposed to new areas of knowledge like sports analytics, sports genetics, doping, sports economics, etc.
- ✚ University offers collaborative workshop opportunities in different sports organized by the national and international federations.
- ✚ Exposure to research activities at different levels of study.



## **SRI SRI ANIRUDDHADEVA SPORTS UNIVERSITY AT A GLANCE**

Sri Sri Aniruddhadeva Sports University was established by Act No. XXIX of 2018 of the State Legislature of Assam and notified vide notification No. LGL 164/2018/7 dated 14.12.2018 issued by the Government of Assam as a State University. The university became functional on 22<sup>nd</sup> June 2020 after assuming the charge of the first Vice-Chancellor by Prof. J. P. Verma. Sri Sri Aniruddhadeva Sports University has been empowered by the UGC, New Delhi, to award degrees and conduct its Ph.D. program through its letter F. No. 9-9/2020(CPP-I/PU) dated 5th February 2021. The university is being established in the lush green natural environment of the tea garden city of Chabua, Assam. Currently, the university is operating from the premises of Dibrugarh University, with its administrative office at the DICC building, near the District Library, Dibrugarh.

The university is focused on quality education in the area of sports sciences, physical education, and its allied areas. The primary aim of this university is to prepare top-tier sports scientists, physical educationists, sports coaches, and high-class researchers in the area of Sports Psychology, Exercise Science, Sports Biomechanics, Sports Medicine, Sports Physiotherapy, and Health Education, sports technology, Sports Analytics. We are preparing professionals and sports entrepreneurs, keeping in mind the competitive global job market. The university also plans to create world-level infrastructures for training elite athletes to enhance India's medal tallies in national and international sports competitions. At the same time, it intends to reach out to the people of Assam and neighboring states to garner untapped talent. Through its outreach programs, the university encourages the masses to be physically active and make sports a way of life. Sri Sri Aniruddhadeva Sports University intends to be at the epicenter of sports development in Assam and help the state contribute to India becoming the sporting powerhouse of the world.

# STRENGTH OF THE UNIVERSITY

## ADMINISTRATION



## REGISTRAR

Shree Partha Pratim Bairagi, ACS  
M.Sc. (Agri)

## FACULTY



Dr. Roshan Limbu

B.P.E., M.P.Ed., Ph.D., UGC-NET-JRF



Dr. Mridusmita Phukan

B.A. (Education), B.P.Ed., M.P.Ed.,  
Ph.D., UGC-NET



Mr. Mondeep Chetia

B.Sc. (Zoology), B.P.Ed, M.P.Ed.,  
UGC-NET



## VISITING FACULTY LIST

	Name of the faculty	Details	Qualifications
1.	Dr. Pardeep Kumar	Professor, IGIPESS, (Department of Physical Education & Sports Sciences), Delhi University	B.A., M.A. (Pol. Science), B.P.Ed., M.P.Ed., Ph.D., NSNIS Diploma-Athletics, Yoga Diploma, International Diploma in Guidance & Counselling
2.	Dr. J. P. Bhukar	Associate Professor, Department of Physical Education, Central University of Haryana	B.P.Ed., M.P.Ed., M.Phil., Ph.D., UGC(NET), Diploma in Mechanical Engineering, ICC Diploma in Track & Field-World Athletic (former IAAF) Level-II Coach and Level-1 Lecturer.
3.	Dr. Nilima Deshpande	Sr. Athletics Coach, SAI NSNIS, Patiala	B. Com, M.Ed. in Physical Education, Diploma in Sports Coaching, MSc (Sports Coaching) Athletics, Certificate Course in Sports Science (IASM.), Diploma in Sports Management, ICC LEVEL 3, TRACK AND FIELD IAAF Level-1, Ph.D. (Sports Coaching)
4.	Dr. Mantu Baro	Director, I/C, CSPES, Dibrugarh University	B.A., B.P.Ed, M.P.Ed., UGC-NET, Diploma in Sports Coaching (Football), Ph.D. (Physical Education), AFC 'C' License (Football Coaching license from AFC)
5.	Dr. Laishram Santosh Singh	Assistant Professor, Department of Physical Education and Sports Science, Manipur University	B.P.Ed, M.P.Ed, Ph.D. (Physical Education), NSNIS (Diploma in Sports Coaching in Football), A.F.C. 'C' License holder, Level 1- Kin-anthropometry Course
6.	Dr. Laishram Thambal Singh	Assistant Professor, Department of Physical Education and Sports Science, Manipur University	B.Sc. (Physical Education), B.P.Ed., M.P.Ed., UGC-NET-JRF & SRF (Physical Education), Ph.D. (Physical Education), and Post Graduate Diploma in Sports Management (P.G.D.S.M.)

## OBJECTIVES OF THE UNIVERSITY

- ✦ To evolve as a university of advanced studies in the field of physical education and sports sciences.
- ✦ To provide for research and development and dissemination of knowledge in physical education and sports sciences by providing specially designed academic and training programs in various areas of physical education and sports sciences and training in advanced technologies of sports.
- ✦ To strengthen physical education and sports training programs to promote sports, including traditional sports and games.
- ✦ To establish centres and institutions of excellence for imparting state of the art educational training and research in physical education and sports sciences, sports technology, and high-performance training for all sports and games.
- ✦ To provide professional and academic leadership to other institutions in physical education and sports sciences.
- ✦ To provide vocational guidance and placement services in physical education, sports sciences, sports medicine, sports technology, and other fields.
- ✦ To generate capabilities for developing knowledge, skills, and competencies at various levels in physical education and sports sciences, sports technology, and high-performance training for all sports and games.
- ✦ To generate capabilities to provide an infrastructure of international standards for education, training, and research in the areas related to physical education and sports sciences, sports technology, and high-performance training for all sports and games.
- ✦ To prepare highly qualified professionals in physical education and sports sciences, sports technology, and high-performance training for all sports and games.
- ✦ To serve as a Centre for Excellence for the elite and other talented sportspersons of all sports and games and innovation in physical education and sports sciences and to carry out, encourage and propagate research.
- ✦ To provide international and national collaboration in physical education, sports sciences, sports technology, and high-performance training for all sports and games.
- ✦ To establish close linkage with sports academies, schools, colleges, sports and recreation clubs, sports associations, and international and national federations for teaching, training, and research in physical education and sports sciences, sports technology, and high-performance training for all sports and games.
- ✦ To train talented athletes to help them to evolve into elite athletes at the international level.
- ✦ To make Assam become a sporting power.



## **ACADEMIC REGULATIONS**

## RESERVATION POLICY

1. **Reservation of Seats:** Subject to revision from time to time, the Executive Council, on the recommendation of the Academic and Activity Council, shall determine and prescribe reservation of seats, maintaining consistency with the Govt. of Assam rules, for admission into different degree/diploma/certificate program of the university.
2. **Filling up of reserved seats remaining vacant:** Vacant seats reserved for SC/ST/OBC/MOBC candidates, if any, may be filled up as per govt. rules.

## ACADEMIC SESSION

1. The academic year normally begins in July every year and ends in June of next year. Each Academic Session shall consist of two regular semesters (Odd and Even) apart from vacations and mid-semester breaks. Duration of the semester and working days shall be as per the guidelines from the UGC/NCTE as issued from time to time.
2. The exact dates for the important academic events scheduled during the Academic Session shall be specified in the Academic Calendar. In particular, the dates for the following events shall be specified:  
*Orientation, Registration, Late Registration, Commencement of Classes, Adding and Dropping of Courses, Submission of Documents, Date of Essential Examinations, Submission of Grades, Moderation of Grades, Vacations, Mid- Semester Breaks.*
3. The Academic Calendar shall be displayed on the University website.

## RE-MID / RE- END SEMESTER

1. Students who fail to appear in any examination, due to bonafide reasons may be permitted to appear in the Re-Mid / Re-End Semester Examination as per the procedures laid down by the Academic and Activity Council.

## SEMESTER REGISTRATION

1. The Academic and Activity Council shall lay down norms for registration for all categories of students.
2. The semester registration in the university involves:
  - 2.1. Filling of the registration cum enrolment form/registering the academic courses

online / offline mentioning the courses to be credited in the semester from among the courses offered by the university and the program requirements specified in the curriculum.

- 2.2. The entire responsibility for the semester registration rests with the student concerned.
3. Before the commencement of each semester, every student, unless otherwise exempted by the Academic and Activity Council, shall register for the prescribed courses to be pursued during that semester on the registration date as specified in the Academic Calendar till the Degree requirements are completed in terms of credits completed.
4. Payment of prescribed semester fees and all other dues outstanding against the name of the student to the University, the Hostels, or any other recognized unit of the university shall ordinarily be a pre-condition for registration.

## **ACADEMIC LOAD AND REGISTRATION FOR COURSES**

1. A list of courses to be offered during the semester shall be put up on the notice boards/website and will be made available to the Course instructor. Each course carries a weightage in terms of credits depending upon the number of contact hours including lectures and tutorials and/or laboratory hours attached with the course. The normal academic load consists of 25-30 credits per semester. The minimum credit requirement for each academic program shall be determined by the Academic and Activity Council.
2. A student may be permitted to take an overload of maximum up to 50 credits. Similarly, a student, for valid reasons may also be allowed to take a reduced load with approval from the competent authority.
3. The registration of any student may be cancelled or changed during the semester, partly or wholly, according to the norms laid down by the Academic and Activity Council.
4. A letter grade shall be awarded in a course to a student only if the student is duly registered in the course at the time of the award of a letter grade.
5. A student is required to ensure that she/he has completed the pre-requisite(s) if any, for each course to be registered for. At any stage, if it is found that she/he is not meeting the pre-requisites of a course then the registration of the student in that course may be cancelled.

## **REGISTRATION OF A DEFICIENT STUDENT**

1. An academically deficient student may be required to take a reduced load as per the provisions/ recommendations of Competent Authorities. An academically deficient student is one who has accumulated backlog courses by either not registering for or by failing in the course despite registering in it in previous semester(s). The deficiency may be due to several reasons such as poor grades, not registering for the course(s) due to health, or other reason(s).
2. Registration of deficient students is done as per the recommendations of the Student Advisory Committee. The program for the deficient student shall be framed on the advice of the concerned faculty adviser.

## **ADDITION / DELETION / CONVERSION OF COURSES**

1. A student shall be allowed to make changes in the list of registered courses in the form of addition, deletion, or conversion (Audit to Credit or vice-versa) of courses up to a date specified in the Academic Calendar.

## **CANCELLATION OF REGISTRATION**

1. Absence for a period of four or more weeks at a stretch or in total during a semester shall result in an automatic cancellation of the registration of a student from all the courses in that semester.
2. In case the absence is in a particular course then the student is required to drop that course in the given semester.

## **CONDUCT OF COURSES**

1. Each course is conducted by the course coordinator (in some cases with the assistance of the instructors and/or tutors). The course coordinators are responsible for planning and running the course, conducting the examinations, evaluating the performance of registered students, awarding the grades at the end of the semester, and submitting the grades to the academic section.
2. The evaluation of students in a course is a continuous process and is based on their performance in the end-semester examination, mid-semester examination, quizzes, assignments, tutorials, projects, laboratory work (if any), etc. The course coordinator shall announce the evaluation scheme along with the weightage for various components at the beginning of the course.
3. The schedule for the Mid-Semester Examination, End-Semester Examination, and Re-Mid/ Re-End Semester Examination (if any) is prepared and announced by the Academic Section.

## **ABSENCE OF STUDENTS IN EXAMINATIONS**

1. If a student opts to forgo the End Term Examination his/her final evaluation shall be as per his/her performance in the earlier evaluation components, provided such student takes at least two earlier Mid- Semester Examination. In such a case the total mark shall remain as decided earlier and the concerned student shall be awarded '0' mark for the Term End and his/her grades shall be awarded accordingly.
2. The student who might not be able to appear in the End Term due to any of the reasons as stated in clause 3.08 of the Academic Regulations, he/she shall be awarded an 'I'

grade and he/she shall be treated as per the existing provisions of the regulations.

3. If a student misses out on any other components of the examinations due to genuine reasons stated in clause 3.08 of the Academic Regulations the D.A.C. may make necessary arrangements to make up such losses by allowing him/her to take not more than two extra tests for the whole semester. Such students shall be required to submit documentary evidence and necessary clearance from the D.A.C. for obtaining permission to take the examinations.

## GRADING SYSTEM AND PERFORMANCE INDICES

1. **GRADES AND GRADE POINTS:** The minimum credit requirement for each academic program shall be determined by the Academic and Activity Council.

## AWARD OF GRADES

1. **Award of Grades:** The grade awarded to a student in a course, other than the Activity/laboratory course, for which he/she registered, will be based on his / her performance in quizzes, tutorials, laboratory work, workshops, and School/Club and home assignments, as applicable; in addition to a minimum of two minor tests and one major test. The distribution of weightage is to be decided and announced by the course instructor. For Activity Courses/ laboratory courses, the course coordinator will evolve a method of evaluation and announce it in the First Activity Class/laboratory class. The grades that can be awarded, and their equivalent numerical points, are listed below:

**Table 1: Letter Grade and associated grade points**

Letter Grade	Grade Point	Description
O	10	Outstanding
A+	9	Excellent
A	8	Very Good
B+	7	Good
B	6	Above average
C	5	Average
P	4	Pass
F	0	Fail
Ab	0	Absent

**Note:** A student obtaining Grade F shall be considered failed and will be required to reappear in the examination (in the failed subject).

In addition, there shall be other grades as stated below:

Letter Grade	Status	Remarks/ Context
I	Incomplete	The letter grade is assigned in case any evaluation component remains to be completed due to an extraordinary situation faced by the student. This grade must be converted to any of the regular grades above within the first month of the beginning of the following semester by completing the remaining evaluation component(s).
X	Extended Project	The letter grade is assigned in case a project work remains incomplete and the work is extended to the following semester.
S	Satisfactory	Letter grade assigned for successful completion of a Foundation/ Audit Course.
U	Unsatisfactory	The letter grade is assigned for being unsuccessful in a Foundation/ Audit Course.
W	Withdraw	(i) Letter grade assigned if a student withdraws from a course after the last date for withdrawal of courses (ii) Is deficient in attendance.

## PERFORMANCE INDICES

**1. The Semester Grade Point Average (S.G.P.A.):** It is the weighted average of grade points secured by the student in the credit courses taken by him/her and is given by the expression-

$$SGPA = (1/C_t) \sum_{i=1}^n C_i G_i$$

where n is the number of credit courses registered and passed by the student during the semester,  $G_i$  is the grade point secured by him/her in the  $i^{th}$  course with a credit value of  $C_i$  and  $C_t$  is given by:

$$C_t = \sum_{i=1}^n C_i$$

While working out the S.G.P.A. the course(s) with the I grade will not be taken into account.

**2. Cumulative Grade Point Average (C.G.P.A.):** It is the accumulated weighted average grade point of a student over the semesters starting from his/ her joining the



program taking into account all the credit courses registered and passed by him/ her.

$$CGPA = \frac{\sum_{j=1}^m SG_j NC_j}{\sum_{j=1}^m NC_j}$$

Where  $NC_j$  is the number of total credits offered in the  $j^{th}$  semester,  $SG_j$  is the S.G.P.A. earned in the  $j^{th}$  semester, where  $j = 1, 2, 3, \dots, m$  are the numbers of semesters in that program.

## EARNED CREDITS (EC)

1. **Earned Credits (E.C.)** – The credits for the courses in which a student has obtained ‘P’ (minimum passing grade for a course) or a higher grade will be counted as credits earned by him/her. Any course in which a student has obtained F, I or S grade will not be counted towards his / her earned credits. In addition to the credit courses, the specified number of courses shall be compulsory audit courses, a student must get an ‘S’ grade to clear them. It is essential that a student pass the compulsory audit course. In the event of his / her failure to do so, he/she shall be not declared pass even though he/she has cleared the credit courses.
2. A student is permitted to re-register only for the course, which he/she has undergone and in which he/she has secured an F, I or U grade.
3. The requirements for I grade/S/U grades will be as per the criteria laid down by the Academic and Activity Council.

## AUDITING OF COURSES

1. The university encourages students towards supplementary learning by auditing for additional courses. The permission to audit a course has to be taken from the concerned course coordinators. However, the auditing of course(s) is permitted only after a student has satisfactorily completed the minimum credit of the course work.
2. The audit requirements in terms of attendance and some minimal work shall be specified by the course instructor.
3. Auditing of a course is permitted only up to the last date for adding of courses, as given in the University academic calendar. Dropping of an audit course, however, can be done at any time of the semester by filling out a formal application for the same.
4. The grades obtained in the courses registered as audit courses shall not be counted for the calculation of the Semester Grade Point Average (S.G.P.A.) or the Cumulative Grade Point Average (C.G.P.A.).

## SCHOLARSHIP

1. To encourage meritorious and deserving students to pursue Courses / Program of studies and research in the university without great financial strain, the university shall strive to provide for an adequate number of Scholarships, Fellowships, Studentships,

and Free-ships, for financial help, and also provide for the award of Medals and Prizes for students having meritorious performance in different sports at the inter-university/national/ international level/ University Examinations.

2. Detailed guidelines shall be framed from time to time by the Executive Council governing the administration of Scholarships, Free-ships, Fellowships, Medals, and other such endowments created in the university
3. Scholarships and free ships are liable to be withdrawn, partially or wholly, in case of misconduct, deliberate concealment of material facts, and /or supply of false information.

## **REFUND OF FEE**

1. Fee refund to the students shall be regulated as per the UGC norms as revised from time to time.
2. Refund of caution money shall be made to a student after successful completion of his/her program for which he/she has been enrolled. The claim for refund of caution money shall not be entertained beyond a period of one year from the date of release of the student. The caution money shall not be refunded if a student leaves the program without permission and/or does not join and attend any class after admission. Refund of caution money shall be made against application in the prescribed form and on the production of the Provisional Pass Certificate.

## **ATTENDANCE**

1. For the Bachelor of Physical Education (Hons. / Hons. With Research) program, the students are required to be present physically on regular basis till the program is completed.
2. A student shall be required to maintain a minimum of 75% attendance separately for the theory and the activity/practical components in each course, failing which, he/she shall not be allowed to appear in the end-term examination and shall be awarded 'W' grade in that course. It shall be the responsibility of a student to ensure that his/her attendance requirement does not fall short of the minimum fixed. The 25% absence may cover participating in tournaments or personal leave. The Vice-Chancellor may relax another 10% attendance for extreme exigency on the recommendation of the committee so appointed by him in this regard.
3. To encourage students to be regular in the class 5% weightage of marks for attendance in the assessment shall be given by the teacher. No marks will be given for attendance if attendance is less than 75% beyond which marks will be given in proportion.
4. For all instructions and updates students are advised to visit the notice board of the university.

## LEAVE

1. Absence during the semester shall be discouraged for all registered students. However, for bonafide reasons, a student may be granted a leave of absence as per the provision made for such absence in the Ordinances.
2. Bachelor of Physical Education (Hons. / Hons. With Research) students shall be entitled to the following leave of absence without loss of financial assistance:
  - ✚ Short Leave, Temporary Withdrawal / Semester Leave (Partial Withdrawal from the semester shall not be allowed)
3. Applications for leave of absence should be addressed to the Head/program coordinator and submitted to the academic section (with a medical certificate, if applicable). Leave usually must not be availed without prior approval of the Head/program coordinator. In addition, if a student is going out of campus on leave, she/he must inform the Hostel authorities in writing. Failing this the hostel /university authorities may institute action as deemed appropriate to them.
4. Leave of absence beyond that provided in the Ordinances 6.1 to 6.2 may also be granted. However, such leave of absence shall entail the loss of financial assistance, if any.
5. Without prejudice to the provision made for leave of absence in the Ordinances, absence for a period of four or more weeks at a stretch, during a semester, shall result in automatic cancellation of the registration of students from the course(s) in that semester. However, award of partial credit of research units, if applicable, may be considered for such students.
6. Unauthorized absence (i.e., absence without due permission) may result in termination of the student's program by the Academic and Activity Council in addition to the loss of financial assistance for the entire period of such unauthorized absence(s) or part thereof.
7. Students are expected to complete their program without any break. However, for bonafide reasons, students may be granted a leave of absence from the program after completion of two semesters and if he/she so desire may be allowed to get re-admitted to the remaining semester of the program subject to the maximum period allowed for the program.

## CONDUCT AND DISCIPLINE

1. Each student shall conduct himself, both within and outside the campus of the university, in a manner befitting a student of a University of National Importance. No student is expected to indulge in any activity which tends to bring down the prestige of the university. Each student shall show due respect and courtesy to the faculty members, administrators, officers, and employees of the university; and good neighborly behaviour to fellow students. They should also pay due attention and courtesy to the visitors and residents of the campus.

2. Lack of courtesy and decorum; unbecoming conduct (both within and outside the university); willful damage or removal of university property or belongings of a fellow student; disturbing fellow students in their studies; adoption of unfair means during examinations; breach of rules and regulations of the university; noisy and unseemly behaviour and similar other undesirable activities shall constitute a violation of the Code of Conduct of students.
3. Violation of Code of Conduct of students by any student shall invite disciplinary action and may merit punishment, such as reprimand, disciplinary probation, fine, being debarred from examination, debarring the use of placement services, withholding of grades, withholding of a degree, cancellation of registration and even dismissal from the university.
4. The Warden of the concerned Hostel shall have the power to reprimand or impose a fine or take any other such suitable measure against any resident of the Hostel who violates either the rules and regulations or the Code of Conduct pertaining to the concerned Hostel.
5. The Course Instructor of a course shall have the power to debar a student from the examination in which the student is detected to be using unfair means. The Course Instructor shall have the power to take appropriate action against a student who attempts to misbehave in the class.
6. Ragging, in any form, is strictly prohibited and any violation shall be considered as a serious offence, leading to appropriate penal action as laid down from time to time by the university.
7. The Academic and Activity Council may constitute a Standing Committee to investigate the alleged misdemeanour reported and recommend a suitable course of action. The Academic and Activity Council may also prescribe the procedure for dealing with the recommendations of this Committee. Violation of the Code of Conduct of students, by a student or a group of students, can be referred to this committee by any student/faculty / any other functionary of the university.
8. In exceptional circumstances, the Chairman, Academic and Activity Council may appoint a Special Disciplinary Committee to investigate and/or recommend the action to be taken in case of any act of gross indiscipline involving a large number of students which may tarnish the image of the university.
9. The case of a defaulting student recommended for dismissal from the university shall ordinarily be referred to the Academic and Activity Council for its final decision.
10. A defaulting student who feels aggrieved with the punishment awarded may prefer an appeal to the Chairman, Academic, and Activity Council clearly the reasons why the punishment should not be awarded. The Academic and Activity Council shall prescribe the procedure to process such an appeal.
11. A student who is found guilty of some major offence may not be recommended by the Academic and Activity Council to the Executive Council for the award of a degree/ diploma/certificate even if all the academic requirements have been satisfactorily completed by the concerned student.

## **RAGGING**

1. Ragging of any kind is totally banned in the university as per the government orders and existing laws. Any student found indulging in ragging shall be strictly dealt with as per the existing laws. As per the orders of the Hon'ble Supreme Court of India, if any incident of ragging comes to the notice of the authority, the concerned student/s shall be given liberty to explain and if his explanation is not found satisfactory, the authority would not hesitate to expel such student/s from the university.
2. As per the UGC Regulation on Curbing the Menace of Ragging in Higher Educational Institutions 2009 as amended from time to time, all the students enrolled in various courses and their parents shall submit separate affidavits in prescribed formats, which are available on the University website as well as in the prospectus.

**STRUCTURE OF THE  
DEPARTMENTS IN  
THE UNIVERSITY**



## **STRUCTURE OF THE DEPARTMENTS**

1. The university intends to have three schools with different departments. All the departments will be operational under any one of the three schools namely; the School of Human Kinetics and Health, School of Sport Studies and Coaching, and School of Interdisciplinary Studies. Since the university is new, as of now all the program will be centrally monitored by the university with an assigned program Coordinator for each course.

## **HOSTEL AND MESS**

1. Students need to manage the hostel on their own. However, after getting admission the university guides the selected candidates for possible hostel accommodations which they can avail near the university. A booklet containing rules and regulations regarding discipline and conduct in the university is given to the students at the time of admission.
2. The University Health Centre/approved Health Centre provides treatment for a nominal fee of Rs. 500/- per semester for ordinary injuries and ailments under the supervision of a doctor. In case of emergency, the students are referred to government-approved hospitals for further treatment. In such cases, they will have to pay the cost of treatment. Medical officer/warden is authorized to sign on behalf of the parents/guardians for the administration of anesthesia or any form of medical treatment involving risk in an emergency. All students are required to follow the University rules regarding health and medical services. Students are also insured under the group/individual Mediclaim Policy as per the convenience of the university.

## **CO-CURRICULAR ACTIVITIES**

1. The University promotes cultural and literary activities along with outreach program through its Centre of Extension services. Several sports and fitness activities are being held through this centre for different sections of society.

## **ADMISSION AND ENROLMENT OF STUDENTS TO THE UNIVERSITY**

## **ADMISSION PROCEDURE**

1. The application for admission should be submitted through online mode on SASU website [www.sasu.ac.in](http://www.sasu.ac.in) /Offline on or before the last date specified for the purpose.
2. Students will be required to upload relevant documents (self-attested) to the University portal.
3. Students seeking admission under reserved categories shall submit a duly issued copy of their caste certificate(s) (self-attested).

## **MINIMUM ADMISSION REQUIREMENT FOR VARIOUS DEGREE/ DIPLOMA/ CERTIFICATE PROGRAMES**

1. Subject to modifications based on decisions made by the Academic and Activity Council and Board of Management from time to time the qualification for admission into various degree/diploma/certificate programs in the university shall be notified on the university website [www.sasu.ac.in](http://www.sasu.ac.in) as well as published in the university prospectus. Without prejudice to the provisions of the Statutes, a student shall be eligible for admission to any program of study of this university on migration from any other University or Board if he has passed an examination equivalent to the examination of this university prescribed by the Ordinances for admission to the concerned program of this university provided that the application for admission shall be supported by: -
  - a. A migration certificate.
  - b. A no-objection certificate (In the case of In-service Candidates) from the concerned University/Board/Professional Organizations.

## **FOREIGN NATIONALS/NRI CANDIDATES**

1. Foreign Nationals/NRI candidates applying through Proper Channels/Diplomatic Channels i.e., through the concerned Embassy or Indian Council for Cultural Relations shall only be admitted on the basis of their credentials, attainment of minimum qualifying criteria, and meeting acceptable standards in medical examination. At the time of registration, candidates need to submit a NOC from their respective embassy.

## GENERAL CONDITIONS FOR ADMISSION

1. The following conditions of admission shall apply to all the candidate seeking admission in different program:
  - 1.1. Candidates expelled from any other Board/Institute/University or dismissed from Government service on disciplinary grounds and those who are known to have been involved in acts of crime and gross indiscipline or misconduct will not be eligible for admission. The university may approach the police for verification in this regard. After admission, if anybody is found guilty in this regard, he/she will have to discontinue the program.
  - 1.2. The medium of examination shall be English for all the courses.
  - 1.3. All the selected candidates will be required to produce the original certificates along with the following documents at the time of registration within the stipulated period for this purpose:
    - Affidavit by the Student for Anti-Ragging (Rs. 100/- Stamp Paper) [ANNEXURE-I.](#)
    - Affidavit by the Parent/Guardian for Anti-Ragging (Rs. 100/- Stamp Paper) [ANNEXURE-II.](#)

## PAYMENT OF FEE

1. The provisionally selected candidates shall be required to pay the fee online as mentioned in the fee structure as provided in the respective annexure for the program. In case any student fails to deposit the fee within the stipulated period, his/her admission shall stand cancelled and the waitlist candidates will be admitted accordingly.
2. For all instructions and updates students are advised to visit the notice board of the university and “Students Corner” on the homepage of the University website.
3. The students are supplied a copy of the University Rule Book after admission.

## UNIFORM

1. The uniform for all the students in different programs will be provided by the university on an actual cost basis.

## SPORTS EQUIPMENT

1. All the students need to procure their personal equipment as specified for different Games/sports on their own.

## AWARD OF DEGREE/DIPLOMA

1. For a student to be eligible for award of the relevant degree/ diploma/ certificate for the program he/ she undergoes he/ she must satisfy the following:
  - 1.1. Must obtain a pass grade in each of the prescribed Courses of the program.
  - 1.2. Must earn the minimum credits under the various categories of courses as specified in the curriculum structure of the program concerned.
  - 1.3. Must secure a minimum CGPA of 4.0.

## AWARD OF 'BEST GRADUATE'

1. Every year the undergraduate student securing the highest CGPA among all the students in the university completing their undergraduate degree program in that year shall be awarded the **Best Graduate** award provided he/ she secures at least 8 CGPA and satisfy the following conditions:
  - 1.1. Must not get an *F* grade in any course during the program of study.
  - 1.2. Must not be placed under academic probation during the program.
  - 1.3. Must have completed the program within the specified minimum duration.
  - 1.4. Must not have any disciplinary action against him/her in the university.

## **PROGRAM AT GLANCE**



# **Bachelor of Physical Education (Hons. / Hons. With Research)**

**A 4-Year (8 Semesters) Undergraduate Program with Multiple  
Exit Options as per NEP-2020**

## OVERVIEW

Bachelor of Physical Education (Hons. /Hons. With Research) is a 4 Years Degree Program in Physical Education designed to provide students with a strong foundation in the principles and skills of physical education as well as knowledge in health and sports. This Degree Program will lead the students to become skilled professionals in Physical Education. Bachelor of Physical Education (Hons. /Hons. With Research) provides the best opportunity to learn, understand and apply the latest trends and technologies in Health and Physical Education. The program aims to teach an understanding of how the human body works and its response to physical activities, develop advanced knowledge in sports sciences, management and coaching, and become professionally competent. The Degree Program will also provide the student with multiple exit options in the form of diplomas, certificates and bachelor's degrees, as per NEP 2020.

## PROGRAM OBJECTIVE

The objective of the 4-year Undergraduate Program titled Bachelor of Physical Education (Hons. /Hons. With Research) is to develop competent professionals who can contribute to the field of physical education, sports, and health promotion through their knowledge and practical skills.

The Program intends to provide students with a strong foundation in the scientific principles of physical education, sports sciences, health, and wellness. The curriculum is designed to develop critical thinking, problem-solving, and decision-making skills that are essential for success in the field.

The Bachelor of Physical Education (Hons. / Hons. With Research) program provides multiple exit options at different stages of the Program. Students can choose to exit after the first year with a certificate in Physical Education, after the second year with a diploma in Physical Education, or after the third year with a degree in Bachelor of Physical Education.

The Program also offers an optional research track for students who want to pursue research in the field of physical education, sports sciences, and health promotion. The research track provides students with the necessary skills to design and conduct research projects, analyze data, and disseminate research findings.

Those who choose to continue their studies and pursue the Bachelor of Physical Education (Hons. With Research) option will be required to complete a research thesis in the fourth year of the Program. Successful completion of the research thesis will lead to the award of a Bachelor of Physical Education (Hons. With Research). Those who choose not to pursue the research option will be awarded a Bachelor of Physical Education (Hons.) upon successful completion of the Program without a research thesis.

Upon completion of the Program, students will be equipped with the knowledge, skills, and attitudes to work as physical education teachers, sports coaches, fitness trainers, health promotion specialists, and researchers in various public and private organizations. The Program also prepares students for further studies in related fields such as sports medicine, physiotherapy, and sports psychology.

The New Education Policy (NEP) 2020 guidelines have introduced multiple exit options for undergraduate programs, allowing students to exit with a certificate or a diploma after completing one or two years of study. However, it is important to note that completing the full four-year Program will provide you with a stronger foundation and more opportunities for career advancement.

## PROGRAM HIGHLIGHTS

### FEATURES

1. The Program is of 8 Semesters with 160 credits.
2. Students can choose any one major out of three Majors. (Sports Biomechanics, Sports Psychology, and Sports Physiology) and one Minor sport (Track and Field, Football, Badminton, Kho- Kho)
3. Exposure to at least five sports
4. Training program for Adventure Sports, Leadership camp, Soft Skills,
5. Inclusion of Vocational courses and skill development courses
6. Training for Atman Nirbhar Bharat by offering courses for local needs such as Tea Garden maintenance, Weaving Technology, Mushroom cultivation Training
7. Inclusion of Audit courses for developing professional skills.
8. Internship Program
9. Opportunity for registering Ph.D. program directly after Bachelor of Physical Education (Hons. / Hons. With Research)
10. Introduction of Sports Analytics for preparing manpower to help International Athletes.

## CAREER OUTCOME

Completing a 4-year undergraduate program in Physical Education can lead to various career prospects, depending on your interests and skills. Here are some potential career paths that you may opt for:

1. **Teaching:** One of the most common career paths for graduates of Bachelor of Physical Education (Hons. / Hons. With Research) Program is teaching. You can pursue a career in teaching physical education in schools, colleges, and universities.
2. **Coaching:** You can also become a coach or a trainer in different sports. You can work with athletes of different age groups and levels and help them improve their performance.
3. **Fitness industry:** With an undergraduate degree in physical education, you can work in the fitness industry as a personal trainer, fitness instructor, or gym manager.
4. **Sports management:** A degree in physical education can also lead to a career in sports management. You can work with sports organizations, event management companies, and sports clubs in various roles, such as sports marketing, sponsorship, public relations, and event management.
5. **Research:** If you are passionate about research, you can pursue a career in sports science, kinesiology, exercise physiology, or other related fields. You can work in research organizations, universities, or private companies.
6. **Sports Scientist:** Graduates can pursue a career as a sports scientist in research organizations, universities, or private companies.
7. **Sports Psychologist:** Graduates can become sports psychologists and work with athletes and sports teams to help them perform at their best.

8. **Exercise Scientist:** Graduates can become exercise scientists and work with athletes and sports teams to help them perform at their best. One can become an exercise scientist in different organizations and industries.
9. **Recreation and Leisure Specialist:** Graduates can become recreation and leisure specialists and work with organizations that provide leisure activities and sports programs for the public.

Overall, many career options are available for graduates in Bachelor of Physical Education (Hons. /Hons. With Research) program, depending on their interests, skills, and strengths. The program will provide the students with a strong foundation and more opportunities for career advancement.

## VENUE OF THE PROGRAM

Sri Sri Aniruddhadeva Sports University study Centre, DHSK College, K.C. Gogoi Path,  
Dibrugarh, Assam - 786001.

## NUMBER OF SEATS

**50 (Fifty)**

## ADMISSION SCHEDULE (Tentative)

Starting of Online Application	19/06/2023
Closing of Online Application	21/07/2023
Notification of Eligible Candidates for Written Examination & General Fitness Test	23/07/2023
Date of Written Examination & General Fitness Test	28/07/2023
Date of Interview & Document Verification	29/07/2023
Announcement of Merit List of the Provisionally Selected Candidates	30/07/2023
Online Fee Deposit for Provisionally Selected Candidates	02/08/2023
Report for Registration and Orientation	07/08/2023

### Remark

1. An application processing fee of Rs. 500/- (non-refundable) for the program is required to be paid through online mode only.
2. The provisionally selected candidates in the merit list shall be required to deposit the fees within the stipulated time to be declared at the time of announcing the results failing which their provisional candidature will be summarily canceled.
3. Authority reserves all rights for any alteration in the schedule.
4. In case any provisionally selected candidate fails to furnish the required documents during verification, or the document is forged, the candidature will be summarily canceled.
5. It is a full-time program. If anybody is found to be engaged in any job or any other academic program, their candidature will be canceled without any prior notice.

## SELF ATTESTED DOCUMENTS TO BE UPLOADED AT THE TIME OF THE ONLINE APPLICATION FORM

The lists of documents (Self Attested) that are required to be uploaded during the online applications are listed below:

The lists of documents (Self Attested) that are required to be uploaded during the online applications are listed below:

- Proof of date of birth (H.S.L.C. Admit Card/Mark-sheet/Certificate of Secondary examination).
- Mark sheet and Pass Certificate of Metric (Class X)
- Mark sheet and Pass Certificate of 10 + 2 or Equivalent
- Sports Achievement/Participation Certificate
- Caste Certificate/EWS certificate, if applicable.
- Medical Fitness Certificate from Gazetted Medical Officer /District Health Officer.
- Passport Photo
- Signature

## ELIGIBILITY CRITERIA

Following are the eligibility criteria for the Bachelor of Physical Education (Hons. /Hons. With Research) program.

- The candidate must pass the Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/University etc., with at least 50% Marks for UR and EWS categories, 45% Marks for OBC/MOBC/SC/ST (H)/ST (P) categories.

### Remark:

- This program is not meant for any category of physically challenged candidates, as candidates are required to perform various sports and physical activities during the program.

## RESERVATION OF SEATS

Category	Reservation	Seats
Unreserved		30
Scheduled Caste (SC)	7%	4
Scheduled Tribe Plains (STP)	10%	5
Scheduled Tribe Hills (STH)	5%	3
Other Backward Classes (OBC/MOBC)	15%	8

**Remark:**

- 5 seats (10%) are reserved for the Economically Weaker Section (EWS), and shall be over and above the total number of seats.
- The candidates seeking admission under the above categories must fulfill the minimum eligibility conditions and qualifying requirements.
- The SC/ST/OBC/MOBC candidates must enclose an attested copy of the caste certificate along with their Application Form stating that the candidate belongs to SC/ST/OBC/MOBC Category.
- Vacant seats reserved for SC/ST/OBC/MOBC candidates, if any, may be filled up as per govt. rules.

**SELECTION CRITERIA**

The admission shall be based on the marks obtained in the entrance test using the following criteria:

Components of Entrance Test	Marks	Weightage
1. Written Test		
a. General English	28	
b. Reasoning Ability	20	
c. General Knowledge (Current Affairs, Sports, etc.) <a href="#">Annexure IV</a>	28	50%
d. Subject-matter Knowledge	24	
2. General Fitness Test <a href="#">Annexure V</a>	40	20%
3. Sports Achievement/Participation <a href="#">Annexure VI</a>	40	20%
4. Interview	20	10%
<b>Total Marks</b>	<b>200</b>	<b>100%</b>

**Remark**

- Merit would be prepared out of 100 marks by giving weightage as shown in the above-mentioned table.
- General, EWS candidates with marks less than 50% and OBC/MOBC, SC, ST(P)/ST(H) candidates with marks less than 45% in the Intermediate/12<sup>th</sup> examination will be disqualified, and the online system will not allow them to fill up the form.
- In case the candidates have equal rank, then the candidate who gets higher marks in the qualifying examination shall be given preference.
- Provisionally Selected Candidates must carry the original copies of the following documents/ testimonials at the time of document verification-
  1. Age Proof Certificate
  2. Mark sheet and Pass Certificate of Qualifying Examination
  3. Caste Certificate (If required)
  4. Medical Fitness Certificate from Gazetted Medical Officer
  5. Anti-Ragging Affidavits by the candidates and their parents that their ward will not indulge in ragging in the prescribed format, provided in the Annexure of University Prospectus, and if found guilty, then the necessary actions as deemed fit shall be taken by the University as per UGC regulations.
  6. Sports Achievement / Participation Certificate
  7. Online fee receipt.



- In case any provisionally selected candidate fails to furnish the required documents during verification or the document is forged, the candidature will be summarily cancelled.
- In case any provisionally selected candidate fails to deposit the fee by the last date prescribed, the candidature will be cancelled and the seat thus falling vacant shall be offered to the next candidate in order of merit under the specified category.
- Bachelor of Physical Education (Hons./Hons. With Research) is a full-time program. If any candidate is found to be involved in acts of indiscipline, violates university rules, or acts of misconduct, the candidature will stand cancelled at any time during the program without any notice.
- Admission of a candidate will be cancelled at any time during the program if any document is found to be forged or found to be engaged in a regular job.
- Waitlisted candidates will be offered admissions strictly on the basis of ranking provided if there is/are vacancy/vacancies in the program.
- The admission procedure is subject to change in case of any pandemic situation.

## FEE STRUCTURE

- Students need to pay the fee as per the [Annexure III](#)

## COURSE INFORMATION

The program duration is four years (eight semesters). A candidate must complete the program and pass the final examination within the stipulated number of years as per the Ordinance of the University. Details of the number of Theory and Practical courses that are covered during the program are as follows:

### CREDIT DISTRIBUTION

S.N	Course	Credits	% of Credits
1.	Major Core	92	57.5
2.	Minor Stream	32	20
3.	Multidisciplinary	9	5.6
4.	Ability Enhancement	8	5.0
5.	Skill Enhancement	9	5.6
6.	Value Added Courses	6	3.8
7.	Summer Internship	4	2.5
<b>Total</b>		<b>160</b>	

Note:

- Students exiting the Program after securing 40 and 80 credits will be awarded UG Certificate and Diploma of Physical Education respectively, provided they secure additional 4 credits in skills-enhancement course(s) offered during first year and second-year summer term.

**SRI SRI ANIRUDDHADEVA SPORTS UNIVERSITY, CHABUA, ASSAM**
**Bachelor of Physical Education (Hons. /Hons. With Research)**
**A 4 Years Undergraduate Program with Multiple Exit Options as per NEP 2020**

Major: Sports Biomechanics/ Sports Psychology/ Exercise Physiology

Minor: Athletics/ Football/ Badminton/ Kho-Kho

**CREDIT DISTRIBUTION**

	Category of Course	No × Credit (Honours)	= Total Credit (Honours)	Percentage (Honours)	No. × Credit (Honours with Research)	= Total Credit (Honours with Research)	Percentage (Honours with Research)
1.	Major (Core)	23 × 4	= 92	57.5 %	20 × 4	= 80	50 %
	i. Common Theory (CT)	8 × 4	= 32		8 × 4	= 32	
	ii. Elective Theory (ET)	6 × 4	= 24		3 × 4	= 12	
	iii. Major Theory (MT)	4 × 4	= 16		4 × 4	= 16	
	iv. Games/ Sports Activity (G)	5 × 4	= 20		5 × 4	= 20	
2.	Minor Stream (MS)	8 × 4	= 32	20 %	8 × 4	= 32	20 %
3.	Multidisciplinary (MD)	3 × 3	= 09	5.6 %	3 × 3	= 09	5.6 %
4.	Ability Enhancement Courses (AEC)	4 × 2	= 08	5 %	4 × 2	= 08	5 %
5.	Skill Enhancement Courses (SEC)	3 × 3	= 09	5.6 %	3 × 3	= 09	5.6 %
6.	Value Added Courses (VAC)	3 × 2	= 06	3.8 %	3 × 2	= 06	3.8 %
7.	Summer Internship (SI)	1 × 4	= 04	2.5 %	1 × 4	= 04	2.5 %
8.	Dissertation (Dis)				1 × 12	= 12	7.5 %
	Total	45 courses	= 160 credits	100 %	43 courses	= 160 credits	100 %

**STRUCTURE**

Semester	Major (Core), (No × Credits)	Minor Stream, (No × Credits)	Multidisciplinary, (No × Credits)	Ability Enhancement Courses, (No × Credits)	Skill Enhancement Courses, (No × Credits)	Value Added Courses, (No × Credits)	Summer Internship, (No × Credits)	Research Project / Dissertation, (No × Credits) *	Total
I	2×4=8		1×3=3	1×2=2	1×3=3	2×2=4			20
II	2×4=8		1×3=3	2×2=4	1×3=3	1×2=2			20
Students exiting the Program after securing 40 credits will be awarded UG Certificate in Physical Education, followed by an exit 4-credit skills-enhancement course(s)									
III	2×4=8	1×4=4	1×3=3	1×2=2	1×3=3				20
IV	3×4=12	2×4=8							20
Students exiting the Program after securing 80 credits will be awarded UG Diploma in Physical Education provided they secure additional 4 credits in skill-Enhancement course(s) provided during summer term.									
V	3×4=12	2×4=8							20
VI	3×4=12	1×4=4					1×4=4		20
Students who want to undertake a 3-year UG program will be awarded UG Degree in Physical Education upon securing 120 credits									
VII	4×4=16	1×4=4							20
VIII	4×4=16# / 1×4=4*	1×4=4						1×12=12*	20
Students will be awarded UG Degree in Bachelor of Physical Education (Hons. /Hons. With Research) provided they secure 160 credits									
Total Course	23#/20*	8	3	4	3	3	1	1*	45#/43*
Total Credit	92#/80*	32	9	8	9	6	4	12*	160
Percentage	57.5#/50*	20	5.6	5	5.6	3.8	2.5	7.5*	100

# For Bachelor of Physical Education (Hons.) only.

\* For Bachelor of Physical Education (Hons. With Research) only.

**DETAILED STRUCTURE**

Semester	Major (Core), (4 credits)				Minor Stream, (4 credits)	Multidisc - plenary, (3 credits)	Ability Enhancement Courses, (2 credits)	Skill Enhancement Courses, (3 credits)	Value Added Courses, (2 credits)	Summer Internship, (4 credits)	Research Project / Dissertation, (12 credits) *	Total
	CT	ET	MT	G								
<b>I</b>				2G		1MD	1AEC	1SEC	2VAC			20
<b>II</b>				2G		1MD	2AEC	1SEC	1VAC			20
<b>III</b>	1CT			1G	1MS	1MD	1AEC	1SEC				20
<b>IV</b>	2CT	1ET			2MS							20
<b>V</b>	2CT		1MT		2MS							20
<b>VI</b>	1CT		2MT		1MS					1SI		20
<b>VII</b>	2CT	1ET	1MT		1MS							20
<b>VIII</b>		4ET <sup>#</sup> / 1ET <sup>*</sup>			1MS						1Dis <sup>*</sup>	20
<b>Total Course</b>	<b>23<sup>#</sup>/20<sup>*</sup></b>				<b>8</b>	<b>3</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>1</b>	<b>1<sup>*</sup></b>	<b>45<sup>#</sup>/43<sup>*</sup></b>
<b>Total Credit</b>	<b>92<sup>#</sup>/80<sup>*</sup></b>				<b>32</b>	<b>9</b>	<b>8</b>	<b>9</b>	<b>6</b>	<b>4</b>	<b>12<sup>*</sup></b>	<b>160</b>
<b>Percentage</b>	<b>57.5<sup>#</sup>/50<sup>*</sup></b>				<b>20</b>	<b>5.6</b>	<b>5</b>	<b>5.6</b>	<b>3.8</b>	<b>2.5</b>	<b>7.5<sup>*</sup></b>	<b>100</b>

<sup>#</sup> For Bachelor of Physical Education (Hons.) only.

<sup>\*</sup> For Bachelor of Physical Education (Hons. With Research) only.

- CT: Common Theory
- ET: Elective Theory
- MT: Major Theory
- G: Games/ Sports Activity
- MS: Minor Stream
- MD: Multidisciplinary
- AEC: Ability Enhancement Courses
- SEC: Skill Enhancement Courses
- VAC: Value-Added Courses
- SI: Summer Internship
- Dis: Dissertation

**DETAILED COURSE DISTRIBUTION**

Semester	Major (Core), (4credits)				Minor Stream, (4 credits)	Multidisc iplinary, (3 credits)	Ability Enhancement Courses, (2 credits)	Skill Enhanceme ntCourses, (3 credits)	Value Added Courses, (2 credits)	Summer Internship, (4 credits)	Research Project / Dissertati on,(12 credits) *	Total
	CT	ET	MT	G								
<b>I</b>				T&F, F		SS	ENG	FASI	UI, YE			<b>20</b>
<b>II</b>				V/H, KK/K		CA	SSD, HD/ASM	LC	ES			<b>20</b>
<b>III</b>	FPEH			B/TT	FCST	FSM	SK/GM/FC	AS				<b>20</b>
<b>IV</b>	FAP FSP	MPES			HSL, CS1							<b>20</b>
<b>V</b>	FST, FKB		ISB/EP/EEP		LI, SC2							<b>20</b>
<b>VI</b>	TMEPE S		PS/ASP/TSE, BAHM/PCS/SEEA		SC3					SI		<b>20</b>
<b>VII</b>	FSS, RMSPE	ETPE	CB/PTA/AE T		SN							<b>20</b>
<b>VIII</b>		ASPE,SA,SPR ,LGS*/ASPE*			CS3						Dis*	<b>20</b>
<b>Total Course</b>	<b>23#/20*</b>				<b>8</b>	<b>3</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>1</b>	<b>1*</b>	<b>45#/43*</b>
<b>Total Credit</b>	<b>92#/80*</b>				<b>32</b>	<b>9</b>	<b>8</b>	<b>9</b>	<b>6</b>	<b>4</b>	<b>12*</b>	<b>160</b>
<b>Percentage</b>	<b>57.5#/50*</b>				<b>20</b>	<b>5.6</b>	<b>5</b>	<b>5.6</b>	<b>3.8</b>	<b>2.5</b>	<b>7.5*</b>	<b>100</b>

- # For Bachelor of Physical Education (Hons.) only.
- \* For Bachelor of Physical Education (Hons. With Research) only.
- **LIST OF COURSES**

**A. MAJOR CORE (THEORY) COURSES IN DIFFERENT MAJORS**
**A1. Common Core Courses for all Majors (8)**

1. Fundamentals of Anatomy and Physiology (FAP)
2. Fundamentals of Kinesiology and Biomechanics (FKB)
3. Fundamentals of Physical Education and Health (FPEH)
4. Fundamentals of Sports Psychology (FSP)
5. Fundamentals of Sports Statistics (FSS)
6. Fundamentals of Sports Training (FST)
7. Research Methodology for Sports and Physical Education (RMSPE)
8. Tests, Measurements, and Evaluation in Physical Education and Sports(TMEPES)

**A2. Elective Theory for all Majors (Any 3)**

1. Adapted Sports and Physical Education (ASPE)
2. Educational Technology in Physical Education (ETPE)
3. Lead-Up Games and Sports (LGS)
4. Methods in Physical Education and Sports (MPES)
5. Sports Analytics (SA)
6. Sports Culture and Community Coaching (SCCC)
7. Sports Physiotherapy and Rehabilitation (SPR)
8. Talent Development in Sports (TDS)

**A3. Common Games/Sports Activity for all Majors (Any 5)**

1. Fundamental of Boxing (B)
2. Fundamentals of Badminton (B)
3. Fundamentals of Football (F)
4. Fundamentals of Handball(H)
5. Fundamentals of Kabaddi (K)
6. Fundamentals of Kho- Kho (KK)
7. Fundamentals of Table Tennis (TT)
8. Fundamentals of Track & Field (T&F)
9. Fundamentals of Volleyball (V)
10. Fundamentals of Weight Lifting (WL)

**Note:** Candidates need to study and practice numbers of games and sports from the first semester onwards as per the administrative convenience.

**A4. Major Core (Theory)**

- 1) **Sports Biomechanics (4)**
  - a) Biomechanical Analysis of Human Movement (BAHM)
  - b) Clinical Biomechanics (CB)
  - c) Introduction to Sports Biomechanics (ISB)
  - d) Physics in Sports (PS)
- 2) **Sports Psychology (4)**
  - a) Advance Sports Psychology (ASP)
  - b) Educational Psychology (EP)
  - c) Psychological Counselling in Sports (PCS)
  - d) Psychological Training and Assessment (PTA)
- 3) **Exercise Physiology (4)**
  - a) Adaptations to Exercise and Training (AET)
  - b) Environmental Exercise Physiology (EEP)
  - c) Physiology of Sports and Exercise (PSE)
  - d) Sports Ergonomics and Ergogenic Aids (SEEA)

**B. COURSES IN DIFFERENT MINOR STREAMS (SPORTS)****B1. Common Courses for all Minor Streams (4)**

1. Fundamentals of Conditioning and Strength Training (FCST)
2. History of Sports in India (HSI)
3. Leisure Sports (LS)
4. Sports Nutrition (SN)

**B2. Courses Specific to Different Minor Streams****1) Courses Specific (CS 1 – 4)****Track & Field Minor (4)**

- a. Officiating and Coaching in Track & Field

- b. Periodization and Training Plan in Track & Field
- c. Technical Preparation in Track & Field
- d. Track & Field Administration and Ethics

**2) Courses Specific (CS 1 – 4)**

**Note: Candidates need to study and practice numbers of games and sports from the first semester onwards as per the administrative convenience.**

**Football Minor (4)**

- a. Officiating and Coaching in Football
- b. Periodization and Training Plan in Football
- c. Technical Preparation in Football
- d. Football Administration and Ethics

**3) Courses Specific (CS 1 – 4)****Badminton Minor (4)**

- a. Officiating and Coaching in Badminton
- b. Periodization and Training Plan in Badminton
- c. Technical Preparation in Badminton
- d. Badminton Administration and Ethics

**4) Courses Specific (CS 1- 4)****Kho-Kho Minor (4)**

- a. Officiating and coaching in Kho- Kho
- b. Periodization and Training Plan in Kho- Kho
- c. Technical Preparation in Kho – Kho
- d. Kho – Kho Administration and Ethics

(Remark: Minor areas can be changed as per the administrative convenience.)

**C. MULTIDISCIPLINARY 3-CREDIT COURSES**

(Any three courses to be selected)

1. Fundamentals of Computer Application (CA)
2. Fundamentals of Sports Management (SM)
3. Introduction to Sports Sociology (SS)
4. Library Management (LM)
5. Mess Management (MM)
6. Mushroom Cultivation (MC)
7. Tea Garden Management (TGM)

**D. ABILITY ENHANCEMENT 2 CREDIT COURSES (Any four to be selected)**

1. Assamese Language
2. English Language
3. French Language
4. German Language
5. Hindi Language
6. Sanskrit Language
7. Soft Skill Development
8. Weaving Technology

**E. SKILL ENHANCEMENT**

**3-CREDIT COURSES (Any Three courses to be selected)**

1. Adventure Sports
2. First Aid & Safety Education
3. Leadership Camp
4. Lifesaving Skill
5. Mass Display

**F. VALUE ADDED 2 CREDIT COURSES**

(Any three courses to be selected)

1. Community Fitness
2. Environmental Studies
3. School Fitness
4. Understanding India
5. Yoga and Health

## Annexure-I

**FORMAT OF AFFIDAVIT TO BE SUBMITTED BY THE  
STUDENT FOR ANTI-RAGGING**

(This format shall be notarized on a stamp of Rs. 100/-)

I,.....S/o/D/o Mr./Mrs.....  
having been admitted to **Sri Sri Aniruddhadeva Sports University, Chabua, Dibrugarh** has received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”) carefully read and fully understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware of what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively, or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
  - a. I will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations.
  - b. I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations throughout the course.
- 5) I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.
- 6) I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this.....day of.....month of..... year.

\_\_\_\_\_  
Signature of deponent  
Name:

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at..... on this the.....(day), of.....(month),.....(year)

.....  
Signature of deponent

Solemnly affirmed and signed in my presence on this the..... (day), of ..... (month), ..... ( year) after reading the contents of this affidavit.

MAGISTRATE / NOTARY

## Annexure-II

**FORMAT OF AFFIDAVIT BY PARENT/GUARDIAN  
FOR ANTI-RAGGING**

(This format shall be notarized on a stamp of Rs. 100/-)

I, Mr./Mrs. .... father/mother/guardian  
of.....

having been admitted to **Sri Sri Aniruddhadeva Sports University, Chabua, Dibrugarh** has received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the "Regulations"), carefully read and fully understood the provisions contained in the said Regulations.

- 2) I have, in particular, perused clause 3 of the Regulations and am aware of what constitutes ragging.
- 3) I have also, in particular, perused clause 7 and clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.
- 4) I hereby solemnly aver and undertake that
  - a) My ward will not indulge in any behavior or act that may be constituted as ragging under clause 3 of the Regulations.
  - b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under clause 3 of the Regulations throughout the course.
- 5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.
- 6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this.....day of.....month of..... year.

.....  
Signature of deponent  
Name:  
Address:  
Telephone/Mobile No.

**VERIFICATION**

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at..... on this the.....(day), of.....(month),.....(year)

.....  
Signature of deponent

Solemnly affirmed and signed in my presence on this the..... (day), of ..... (month),  
..... (year) after reading the contents of this affidavit.

MAGISTRATE / NOTARY



## Annexure-III

## FEE STRUCTURE

**Bachelor of Physical Education (Hons. /Hons. With Research)**  
**Session 2023- 2024**

NAME OF THE HEAD	SEMESTER							
	I	II	III	IV	V	VI	VII	VIII
Tuition Fee	5500	5500	5500	5500	5500	5500	5500	5500
Identity Card Fee*	250	0	0	0	0	0	0	0
Caution Money* (Refundable)	2000	0	0	0	0	0	0	0
Registration Fee*	1000	0	0	0	0	0	0	0
Admission Fee*	5000	0	0	0	0	0	0	0
Examination Fee	3000	3000	3000	3000	3000	3000	3000	3000
Hostel / Mess Fund**	25000	25000	25000	25000	25000	25000	25000	25000
Uniform*	12000	0	0	0	0	0	0	0
Sports Fund	1500	1500	1500	1500	1500	1500	1500	1500
Development Fund	1500	1500	1500	1500	1500	1500	1500	1500
Medical Fund	500	500	500	500	500	500	500	500
Cultural/ Literary Society Fund	500	500	500	500	500	500	500	500
Student Welfare Fund	100	100	100	100	100	100	100	100
Library Fund	500	500	500	500	500	500	500	500
Total (In Rs.)	58350	38100	38100	38100	38100	38100	38100	38100

Non-refundable and payable at the time of counseling in addition to postal charges.

**Remark**

“\*” denotes a one-time payment during admission for the provisionally selected candidates.

“\*\*” denotes the Fee shall be as per the actuals.

**Note:**

1. The tentative fee structure for the entire course has been given to facilitate the candidates who wish to apply for a student loan.
2. The fees shall be subject to change as decided by the University from time to time.
3. The University may change the above fee plan at the time of announcement of the program subject to whether hostel and mess facilities are provided to the students or not by the University.
4. In running this UG Program in the name of Bachelor of Physical Education (Hons. /Hons. With Research) the university will follow all the provisions and guidelines issued by the UGC from time to time.
5. The nomenclature of this UG program is as per the National Higher Education Qualifications Framework (NHEQF) issued by UGC. However, it may be revised if UGC issue another nomenclature in this regard.
6. The Vice Chancellor in case of any confusion or any difficulties in running this program will take the necessary actions and the same will be reported to the Academic and activity Council in the next meeting.

**SAMPLE QUESTION PAPER:**

A written test of 1-hour duration containing, General English, Quantitative aptitude, Reasoning Ability, and General knowledge (Current Affairs, Sports, etc.)



**SRI SRI ANIRUDHHADEVA SPORTS UNIVERSITY**  
CHABUA, DIBRUGARH, ASSAM

**THEORY PAPER**

**Bachelor of Physical Education (Hons. / Hons. With Research)**

**ENTRANCE TEST (2023-2024)**

**Time: 2-hour**

**Total Marks: 100**

1. Fill in the blank with suitable preposition:  
The guest's speech lasted \_\_\_\_\_ two hours.
2. Find the word which is a synonym for 'berated'.
  - a) Praised                      c) Supervised
  - b) Reproached                d) Detained
3. Find the missing number in the following series: 3, 5, 5, 19, 7, 41, 9, ?
  - a) 71                                      c) 61
  - b) 69                                      d) 79
4. Direction: In each of the following questions, various terms of an alphabet series are given with one or more terms missing as shown by (?). Choose the missing terms out of the given alternatives.  
OTE, PUF, QVG, RWH?
  - a) SYJ                                      c) TCI
  - b) SXJ                                      d) SXI
5. Which among the following is not given as "Life Time Achievement" Award in India?
  - a) Dada Saheb Phalke Award
  - b) Dhyanchand Award
  - c) Tenzing Norgay National Adventure Awards
  - d) Dronacharya Award
6. Bhogeswar Boruah wins a medal in \_\_\_\_\_ Asian Games.
  - a) 1966
  - b) 1972
  - c) 1978
  - d) 1962
7. Write two paragraphs on one of the following topics (Within 200 words).
  - a. Value of Physical Education
  - b. Importance of Physical Activity

**PHYSICAL FITNESS TEST**

**Bachelor of Physical Education (Hons. / Hons. With Research)**  
**ENTRANCE TEST (2023-2024)**

Physical fitness test includes the following items:

1. **50-meter sprint**
2. **Standing Broad Jump**
3. **Medicine Ball over Head Throw**
4. **Partial Curl-Up**
5. **1-Mile Run**

The norms and standards of each item have been mentioned below:

**PERFORMANCE CONVERSION TABLE**  
**50 METERS SPRINT**

<b>Men</b>		<b>Women</b>	
<b>Timing (Seconds)</b>	<b>Points</b>	<b>Timing (Seconds)</b>	<b>Points</b>
11.58	1	12.58	1
11.3	4	12.3	4
11.02	6	12.02	6
10.74	8	11.74	8
10.46	11	11.46	11
10.18	14	11.18	14
9.9	17	10.9	17
9.62	21	10.62	21
9.34	25	10.34	25
9.06	29	10.06	29
8.78	33	9.78	33
8.5	38	9.5	38
8.22	43	9.22	43
7.94	48	8.94	48
7.66	54	8.66	54
7.38	60	8.38	60
7.1	66	8.1	66

6.82	72	7.82	72
6.54	78	7.54	78
6.26	85	7.26	85
5.98	92	6.98	92
5.7	100	6.7	100

**PERFORMANCE CONVERSION TABLE  
STANDING BROAD JUMP**

<b>Men</b>		<b>Women</b>	
<b>Distance (Meters)</b>	<b>Points</b>	<b>Distance (Meters)</b>	<b>Points</b>
0.99	1	0.49	1
1.08	4	0.58	4
1.18	6	0.68	6
1.27	8	0.77	8
1.36	11	0.86	11
1.46	14	0.96	14
1.55	17	1.05	17
1.64	21	1.14	21
1.73	25	1.23	25
1.83	29	1.33	29
1.92	33	1.42	33
2.01	38	1.51	38
2.11	43	1.61	43
2.2	48	1.7	48
2.29	54	1.79	54
2.39	60	1.89	60
2.48	66	1.98	66
2.57	72	2.07	72
2.66	78	2.16	78
2.76	85	2.26	85

2.85	92	2.35	92
2.94	100	2.44	100

**PERFORMANCE CONVERSION TABLE  
OVERHEAD BACK THROW**

<b>Men (3 kg Medicine Ball)</b>		<b>Women (2 kg Medicine Ball)</b>	
<b>Distance (Meters)</b>	<b>Points</b>	<b>Distance (Meters)</b>	<b>Points</b>
3.5	1	1	1
4.08	4	1.58	4
4.65	6	2.15	6
5.23	8	2.73	8
5.8	11	3.3	11
6.38	14	3.88	14
6.95	17	4.45	17
7.53	21	5.03	21
8.1	25	5.6	25
8.68	29	6.18	29
9.25	33	6.75	33
9.83	38	7.33	38
10.4	43	7.9	43
10.98	48	8.48	48
11.55	54	9.05	54
12.13	60	9.63	60
12.7	66	10.2	66
13.28	72	10.78	72
13.85	78	11.35	78
14.43	85	11.93	85
15	92	12.5	92
15.58	100	13.08	100

**PERFORMANCE CONVERSION TABLE  
PARTIAL CURL-UP**

<b>Men</b>		<b>Women</b>	
<b>Count</b>	<b>Points</b>	<b>Count</b>	<b>Points</b>
23	1	24	1
25	4	26	4
27	6	28	6
29	8	29	8
31	11	31	11
33	14	32	14
35	17	34	17
37	21	36	21
39	25	37	25
41	29	39	29
43	33	40	33
46	38	42	38
48	43	44	43
50	48	45	48
52	54	47	54
54	60	48	60
56	66	50	66
58	72	52	72
60	78	53	78
62	85	55	85
64	92	56	92
66	100	58	100

**PERFORMANCE CONVERSION TABLE  
1-MILE RUN**

<b>Men</b>		<b>Women</b>	
<b>Timing (Minutes &amp; Seconds)</b>	<b>Points</b>	<b>Timing (Minutes &amp; Seconds)</b>	<b>Points</b>
8.44	1	12.24	1
8.3	4	12	4
8.16	6	11.76	6
8.01	8	11.53	8
7.87	11	11.29	11
7.73	14	11.05	14
7.59	17	10.82	17
7.44	21	10.58	21
7.3	25	10.34	25
7.16	29	10.1	29
7.01	33	9.87	33
6.87	38	9.63	38
6.73	43	9.39	43
6.58	48	9.16	48
6.44	54	8.92	54
6.3	60	8.68	60
6.16	66	8.45	66
6.01	72	8.21	72
5.87	78	7.97	78
5.73	85	7.73	85
5.58	92	7.5	92
5.44	100	7.26	100

## Annexure –VI

## Criteria of Awarding Marks for Sports Achievement /Participation

## Bachelor of Physical Education (Hons. / Hons. With Research)

Sl. No.	Level of Competition	Position			Participation
		1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	
1.	Olympic Games/World Championships/ World Cups/ Commonwealth Games/Asian Games/Asian Championships/South Asian Federation Games, International Youth/Junior Competitions	100	90	80	70
2.	National Games/ Federation Cup/ Senior Nationals/ Inter-Zonal Nationals/ National Competitions/ Inter-Zonal or All India InterUniversity/Khelo India University Games, Junior Nationals/SGFI/Khelo India Youth Games	75	65	55	45
3.	Inter District/KVS/NVS/CBSE/IPSC/ICSE/DAV/ Vidya Bharati National Competitions, District level/Regional/Cluster/ Divisional/Competitions, Inter College/ Inter School Competitions	50	40	30	25

## Note:

- Only the highest achievement /participation sports certificate will be considered for granting marks or weightage.
- Candidates need to study and practice a number of games and sports and will specialize in only one sport in all the years of their study.

For any query kindly contact our counsellor  
**Dr. Mridusmita Phukan (Faculty)**  
 Email: [mridusmitaphukan93@gmail.com](mailto:mridusmitaphukan93@gmail.com)  
 Phone: 6000461987

.....X.....